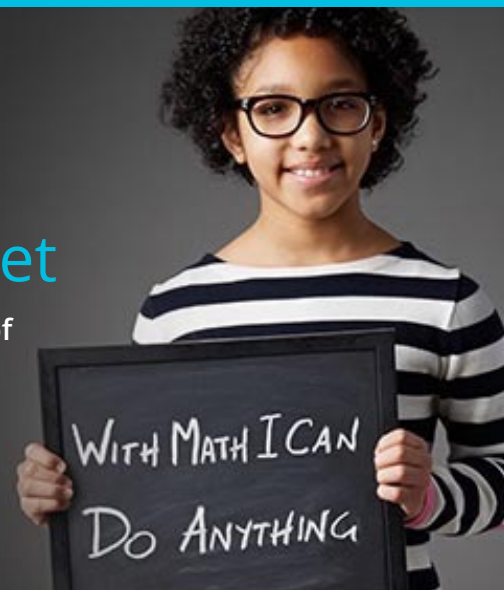


## 5 Steps to Introduce Growth Mindset

The With Math I Can program is dedicated to fostering the development of growth mindset in our children. We know that growth mindset, especially when it comes to math, is an integral piece of their future success.



### Getting Started with Growth Mindset:

1

#### Explore With Math I Can and take the pledge

Watch the video, take the pledge, and explore! [Learn more about With Math I Can's](#) mission and check out all of the free resources we provide.

2

#### Growth Mindset Professional Development

If your teachers don't understand growth mindset, they can't pass it on to their students. Check out growth mindset PD to help you go back-to-school with the right mindset. The Project for Education Research That Scales (PERTS) provides high-quality, research-based professional development courses. They offer a [5-session class](#) that will prepare you to implement growth mindset practices in your schools.

3

#### Watch the video with your students

Set a day and time to watch the [With Math I Can video](#) in each class. Encourage them to discuss the video and ask questions like, "how do you feel about math?" and "are you good at math?"

4

#### Take the pledge together

[Take the pledge together](#) as a school to help your students to get invested.

5

#### Take action

TenMarks and With Math I Can have created a [35 minute lesson plan](#) to help your teachers introduce growth mindset to their students.

*"Having students believe in themselves and their ability to solve problems is essential. Growth mindset helps students to see that putting forth effort is a way to success, and that it is important for them to embrace challenges, persevere, and learn from mistakes. This year, With Math I Can is a part of all of our launch units in our elementary math classrooms so students can see their potential. With Math I Can, teachers are able to find just the right lesson plan and/or video to share growth mindset with their students, as well as providing information for parents."*



- Rose Palmer, NBCT  
Elementary Math Coordinator  
School District of Waukesha