

Reasons Mommy Drinks

Nap Time

Nap time is the most wonderful time in Mommy's day. In theory. According to her Mommy groups, you are the only baby in the universe not taking two perfect one-hour naps a day. Some days Mommy is lucky if you fall asleep for ten minutes in her arms after forty-five minutes of bouncing you on her former exercise ball (at least it's getting some sort of us). On the mornings when you do magically drift off to sleep in your crib, it's a race against time. The clock tick-tocks down as Jack Bauer echoes in your head: "There's no time!" Mommy has less than sixty minutes to do the following things: make coffee, tackle the laundry Matterhorn, clean applesauce off the kitchen ceiling, stuff a Toaster Strudel in her mouth, make more coffee, throw out the rotting vegetables in her fridge, dry-heave while cleaning out the Diaper Genie, not learn Spanish, and sit down for three minutes of hour four of *The Today Show*, at which point she finally gets why Hoda and Kathy are drinking wine before noon. Mommy thinks it's hysterical that there are Pinterest boards about the crafts and elaborate meals that can be prepared during nap time. Not only is Mommy a prisoner of your schedule, but God forbid you should fall asleep in the car seat before she makes it home, because it will completely screw your nap and screw Mommy out of the one precious hour she has to accomplish everything. "Sleep when the baby sleeps" chirps every book about the first year. *Yeah right.*

Nap Thyme

Lemon juice

Sugar

1 oz. gin

3 oz. club soda

Sprig of fresh thyme

Rim a glass with lemon juice, then sugar. Fill it with ice and pour in the gin, club soda, a splash of lemon juice, and sugar to taste. Stir gently. Garnish with the thyme.



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