

# CHARGING THE BATTERY – Mio Link

Mio LINK contains a rechargeable lithium polymer battery. Follow these instructions and guidelines to maintain the battery lifespan.

**Warning:** If you do not follow these guidelines, the battery life could be shortened and there is the risk of damage to your LINK, risk of fire, risk of electrolyte leaks and chemical burns, and risk of injury.

## Battery Status

The LED light will light up and indicate the battery level every time you turn on or turn off Heart Rate Mode.

### COLOR

Green Yellow Red (flash twice)

### BATTERY POWER

Battery is charged Battery level is below 30% Battery level is low and unable to provide heart rate measurement



If the battery level falls below 30% during a workout, the LED will alert you every 4 seconds by quickly flashing red-blue-red-blue, and then resuming the heart rate zone indication pattern.

## Battery Life

Every full charge of Mio LINK will provide 8 to 10 hours of use in Heart Rate Mode.

## Charging Your Mio LINK

1. **Warning:** Make sure the four charging pins on the back of Mio LINK are dry. Otherwise, dry them gently with a towel.
2. Plug the USB charger into the USB port of your computer.
3. Align the four charging pins on the back of Mio LINK to the four charging pins on the USB charger. The magnets in the charging pins will help the two pieces lock into place.

The LED light will fade in and out slowly in a light blue color ● to indicate that the battery is charging. When the battery is fully charged, the LED light will turn off.

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## Battery Care Guidelines

- Recharge the battery at least once every 6 months.
- Do not expose Mio LINK to high temperatures.
- Use your LINK in the temperature range of 5°C to 45°C (41°F to 113°F).
- Store Mio LINK in the temperature range of 0°C to 25°C (32°F to 77°F).
- Do not disassemble, puncture, or incinerate the Mio LINK

strap or battery.

- If the band casing breaks and the battery is exposed, keep the battery away from children. Contact your local recycling authority to properly dispose of the band and battery. **Battery Lifespan**

- The battery lasts for approximately 300 charge cycles. If charged on a weekly basis, the battery should last for at least 5 years.

- The battery is non-replaceable. If the battery charge length is noticeably shorter than before, your Mio product may have reached its end of life. Contact your local recycling authority to properly dispose of the device and battery.