

# Garmin Vívofit 4



## SPECIFICATIONS:

### General

Strap material	silicone or TPU
Physical size	Width: 19 mm
	Thickness: 9.4 mm
	Circumference (small/medium): 122-188 mm Circumference (large): 148-215 mm
Weight	Small/medium: 25 g Large: 25.5 g
Water rating	Swim
Display type	sunlight-visible, transfective 8 color memory-in-pixel (MIP)
Display size	0.43" x 0.43" (11 x 11 mm)
Display resolution	88 x 88 pixels
Color display	
Battery life	Up to 1 year (2 x SR43 user-replaceable)
Memory/History	4 weeks of activity data

## Clock Features

Time/date

Automatic daylight saving time

Alarm clock

Timer

Stopwatch

## Sensors

Accelerometer

## Daily Smart Features

Connectivity

Bluetooth® Smart and ANT+®

Weather

Find My Phone

Smartphone compatibility

iPhone®, Android™

Compatible with Garmin Connect™ Mobile

## Activity Tracking Features

Step counter

Move bar (displays on device after a period of inactivity; walk for a couple of minutes to reset it)

Auto goal (learns your activity level and assigns a daily step goal)

Sleep monitoring (monitors total sleep and periods of movement or restful sleep)

Calories burned

Distance traveled

Intensity minutes

yes  
(moderate)

TrueUp™

Move IQ™

