



The Penis Male Enlargement Pump Instructions



The Deluxe Steel Hand Pump is constructed with heavy duty metal and chrome detail and designed with you in mind. Our signature pumping system is equipped with a built-in pressure gauge to monitor intensity, a vacuum lock connector with a flexible hose that is compatible with any of our cylinders and cushioned support for your gripping pleasure.

INTRODUCTION:

A Penis pump works largely as penis enlargement device to aid erection and increase manhood length.

Also, it can be used for patients with [Erectile Dysfunction](#) (ED).

However, we will not talk about what it is and what it does. What we want to highlight here is how you should properly use your penis pump. For more of what it actually does, then read our related articles about penis pump.



Does a penis pump work?

The answer to that is an absolute yes. Not only is it recommended by medical professionals, most men also prefer it for penis enlargement. They claim it helps them achieve natural penis growth.

Steps in Using Penis Pump

If you're ready to learn how to use your penis pump, here are a few steps and reminders:

1. Place the plastic cylinder tube over your penis.
2. There is a hand pump or battery-powered pump that is attached to the tube. You will use this to pump and create a vacuum inside the tube. This creates the suction mechanism which will allow the blood to flow to the penis. Pump until adequate. And please do not over pump as it will cause the blood vessels in the penis to rupture.
3. If you want to use the pump right before having sex, slip the constriction band or the ring around the base of the shaft once an erection is achieved. This aids in keeping the erection by restraining the blood from flowing back. You may use a lubricant to easily slip the band.
4. Now, you can remove the vacuum device. Once removed, start massaging the penis a little to aid blood flow and growth. You don't have to worry about the erection since it will stay erected for a period of time enough to last long for sex.

You will also have to take note that you should not leave the constraining ring for more than 30 minutes around your penis as it will cause injuries and bruises due to the long period of time where blood flow is restrained.



Tips in Using Penis Pump

Take note of the following to maximize and enjoy the results of your pump:

Pump once a day

Use the pump once a day. You can use it daily for weeks and months. But for most beginners, it is best to use it for only 2-3 times a week. Using it every day will strain your blood vessels and penile tissues, which is something we do not want to happen.

Fifteen minutes

Pump for only 15 minutes a day. You will not have faster growth results even if you over pump. It will only cause erection problems in the future.

Work gradually

Do the steps for about five times in fifteen minutes with rests and massages in between. As prior said, it will be best if you start gradually and slowly.

Use right size

Use the pump that is adequate for your size. You only need to have a pump with a cylinder of about 1-2.5 inches longer than yours. Average cylinders are about 8 inches which are already perfect for the average penis size which is 5'6 inches.

Electric, Hydro or Air Pump

Do you want to use an [electronic penis pump](#)? [A water assisted or air pump](#)? It's up to you but be sure of your choice.

Comfort

Try to check the comfortability of the base pad.

Warm shower

A warm shower is a must before pumping. Having a warm shower will aid in better blood flow.



Slow pressure

Do not immediately increase the pressure. Especially if it's your first time using the pump. Start by slowly adding pressure.

Jelqing exercises

It is best to have little jelqing (a kind of stretching technique for the penis). This will aid in proper blood flow in the penis. Do five minutes of this and then use your penis pump. Most men with permanent penile growth combine their pumps with jelqing.

Shave pubic hair

Even if the product itself does not suggest, it is very advisable that you shave before pumping. Having hair around the penis will not be helpful for the pump to have a firm grip on your penis.