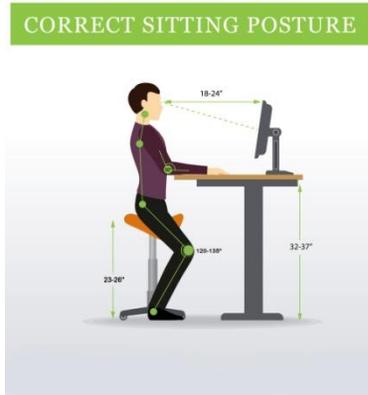


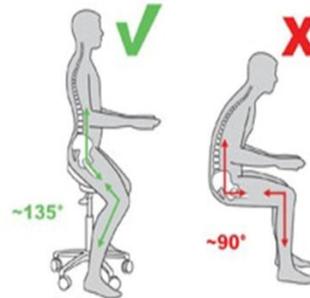
Saddle Chair User Guide and Correct Sitting Postures

Consider the following to get the best comfortable position. Here are some helpful tips

- We recommend to use this chair with a higher desk and adjust the seat height to keep your knees bent in a 120°-130° angle as shown.



- Keep your back in a straight position for best results.



- For Dental/Medical use of this chair.



Features

Different adjustments are available for all different type of seating preferences.

- The width of the seat is designed to provide perfect balance for your **hips and lower back!!!!**



- Make sure to tilt the seat to your best bending knee position.



*** backrest and seat independently tilt**