

## UpTrak Standing Desk

Made in China  
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 1-703-688-DESK(3375)

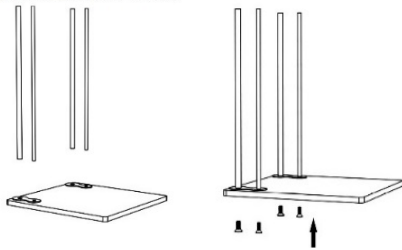
### Components Included

1 Desktop Panel	4 Rails (2 Thin, 2 Thick)
1 Base Panel	8 Screws
1 Rail Cap	1 Allen Key
1 Support Leg	

### Directions

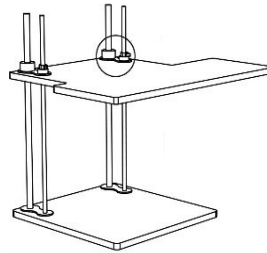
#### 1. Insert the Rails:

Tip the base panel on its side and screw in one rail at a time.



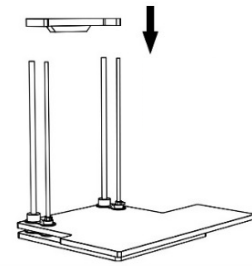
#### 2. Add the Desktop Panel:

With the black clips facing up, slide the desktop panel onto the rails.



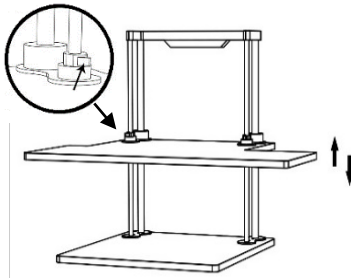
#### 3. Add the Rail Cap:

Fully lower the desktop panel. Then, push the rail cap onto the four rails and screw it in.



#### 4. Adjust the Height:

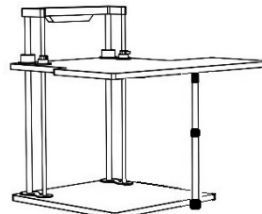
Holding the desktop panel with two hands, slide it up to your comfortable working height. While still holding it, use your thumbs to lock the black clips.



#### 5. Add the Support Leg:

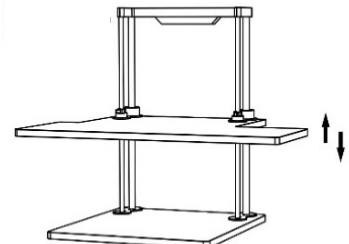
The support leg works the same as a tension rod. Twist the metal parts of the support leg away from each other, move them to your desired height, and then twist them back until they lock.

Tip: Use a permanent marker to mark your height so you can reset your desk quickly.



#### 6. Lower the Desk:

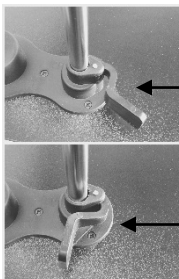
To lower the desk, first remove the support leg. Holding the top with both hands, use your thumbs to unlock the black clips. Then, slowly glide the desk down the rails to the bottom.



### Troubleshooting

#### Desktop slides down:

Make sure the clips are fully locked.



Open

Locked

#### Support Leg:

If the Support Leg does not hold, make sure you have tightly twisted the metal tubes to adjust the height. You should not be twisting the end cap to adjust height.

Adjust Here

Not Here



#### Watch Assembly Video:

<http://bit.ly/19DjHaq>



If you have any problems with your product, please contact us directly so that we can resolve the issue. We can be reached Mon-Fri 9am-5pm EST at 703-688-DESK(3375) or customerservice@standsteady.com.