

Provides complete versatility for creating any  
of today's hair styles

# Caruso®

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## STEAM SETTER

Step-by-Step

# Styling Guide

IONIC® Molecular® STEAM SETTER

Model C97958



**Caruso®**  
**STEAM SETTER**

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For product information, visit us at: [www.CarusoHairsetter.com](http://www.CarusoHairsetter.com)

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# IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliances, particularly when children are present, basic safety precautions should always be followed.

## READ ALL INSTRUCTIONS BEFORE USING

### DANGER - To reduce the risk of electrocution:

1. Always unplug immediately after using.
2. **Do not** use while bathing.
3. **Do not** place or store where it can fall or be pulled into a tub or sink.
4. **Do not** use near, place in or drop into water or other liquid.
5. **Do not** reach for an appliance that has fallen into water. Unplug immediately before reaching into the water.
6. **Do not** use an appliance whose cord has become twisted, bent or otherwise damaged.

### WARNING - To reduce the risk of burns, electrocution, fire, or injury:

1. Never leave unattended when plugged in. Turn off the switch and unplug the electrical cord when not in use.
2. Close supervision is necessary when used by, on or near children or individuals with certain disabilities.
3. Use only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
4. Never operate unit if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.

NOTE: Helen of Troy L.P. does not have an authorized service center. However, if this appliance is still under warranty, return it to the Helen of Troy Consumer Service Department for replacement.

5. Keep the cord away from heated surfaces. Do not wrap the cord around the appliance.
6. Never block the air openings or place hairsetter on a soft surface, such as a bed or couch, where the air openings may not be blocked. Keep the air openings free of lint, hair and the like.
7. Never use while sleeping.
8. Never drop or insert any objects into any opening.
9. Do not use outdoors or where oxygen is being administered.
10. Unplug hairsetter before filling. Fill reservoir with water only. Do not overfill.
11. Do not use an extension cord with this appliance.
12. Operate steamer only on a level surface.

13. Do not use additives in water.
14. Stay away from the mist or steam vents.
15. Avoid touching the post that holds the curlers. The post is hot.
16. Unravel power supply cord before using.
17. When not in use, store out of the reach of children.
18. Always unplug steamer before filling, refilling or cleaning.

OPERATES ONLY AT 120V, 60Hz

## SAVE THESE INSTRUCTIONS

### OPERATING INSTRUCTIONS

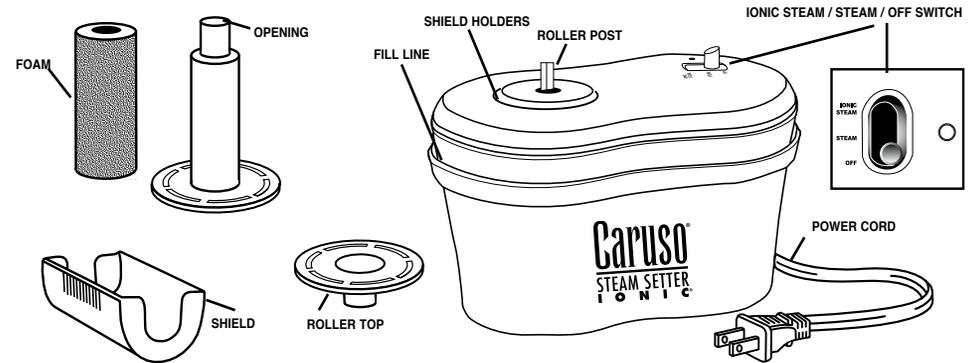
### IMPORTANT NOTE: THIS HAIRSETTER DOES NOT USE SALT.

#### FILLING THE STEAMER

1. Unplug before filling.
2. Separate steamer top from steamer reservoir.
3. Fill water reservoir to "water level" line indicated inside reservoir. Do not fill above water level indicator line.
4. Replace steamer top into steamer reservoir.
5. POLARIZED PLUG - Plug power supply cord of hairsetter into power outlet. This appliance has a polarized plug (one blade is wider than the other). As a safety feature, this plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to defeat this safety feature.
6. Once plugged in, unit will begin to steam in approximately one minute.
7. When steam begins to slow down, usually after 20-30 minutes of continuous use, refill by repeating the above steps.
8. Turn unit off by switching to "Off."

#### IF THE STEAMER DOES NOT PRODUCE SUFFICIENT STEAM, CHECK THAT:

1. There is enough water. When water runs low, steam pressure will drop. Add more water following the instructions for filling the steamer.
2. The electrical outlet is in good working order.
3. Follow steamer cleaning instructions on page 5.



## CLEAN-UP AND STORAGE

### APPLIANCE STORAGE

When not in use, the hairsetter should be emptied of any water in the reservoir. To empty the water from reservoir, first unplug the power supply cord, allow the unit to cool, then lift the lid from the top enclosure. Turn the unit upside down and hold it over a bucket or other safe area to allow the hairsetter to empty. Dry the outside of the enclosure with a cloth. Gather the power supply cord together and store the unit in a dry area until the next use.

### TO CLEAN STEAMER

Due to various minerals that may be present in your water, occasional cleaning of the unit is necessary. If the area you live in has especially hard water, then cleaning should be done more frequently than stated to avoid excess build-up. Using purified or distilled water also helps in avoiding excess build-up. However, in general, your hairsetter should be cleaned after about every twenty (20) uses. Remember, unplug the steamer before filling, rinsing or cleaning.

To clean the steamer, add one (1) tablespoon of vinegar to the water and allow the unit to steam for one (1) complete cycle. At the end of the cleaning cycle and after letting the unit cool, pour out any residual water from the reservoir.

To remove the water from the reservoir, first switch to "OFF." When unit has cooled turn the unit over, making sure the unit is in an area where the water can empty.

To clean the exterior of the steamer, unplug the power cord from the outlet. When the steamer has cooled, take a damp sponge and wipe the outer enclosure. NEVER immerse any portion of the steamer in water or place under running water.

### TO CLEAN ROLLERS AND FOAMS

The rollers pull apart for cleaning and replacement of foams. To take apart roller, push back the foam (be careful not to tear foam), pull off the end cap and slide the foam off the roller core. You may clean the foams in mild detergent and lukewarm water. Rinse thoroughly. With a towel, blot out excess water and allow to dry completely before replacing on rollers and reusing.

### SERVICING

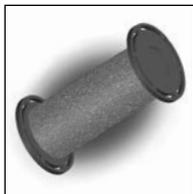
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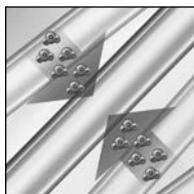
### IONIC TECHNOLOGY®

IONIC TECHNOLOGY® helps condition, soften, and make your hair shinier while adding volume. The IONIC STEAM / STEAM / STEAM OFF SWITCH must be in the "Ionic Steam" position to use the IONIC TECHNOLOGY® feature.

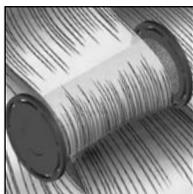
# The Caruso® Professional Ionic® Steam Hairsetting System



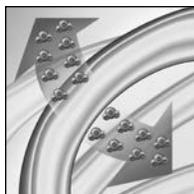
Soft foam rollers are infused with gentle, ionic steamed moisture.



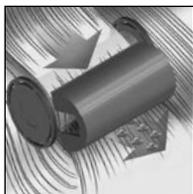
Gentle moisture penetrates to the hair's molecular core allowing it to relax and bend.



Hair is then wrapped around the ionic-infused roller and covered with a shield clip.



As moisture evaporates, hair is "set" in the new curled position.



Patented roller and clip design creates even moisture penetration and allows airflow for quick evaporation, or speed up the process with a hair dryer.



The molecular hold is so strong, it can only be released by shampooing – because there is no damaging heat, you can use the ion system as often as you like.

## Shortcut setting technique

Setting time under natural drying conditions is approximately 10 to 15 minutes. You may prefer to speed up the process by using a hair dryer. Any of the drying methods shown below will work very well.



### hand dryer

Direct hair dryer over entire head for one minute or more. If the dryer has a cold shot button, use cold air for another 30 seconds, then remove one roller as a test.

### bonnet drying

Place the bonnet over the entire head and all curlers. Run dryer for one minute or more, then remove one roller as a test. (Suggest **HOT TOOLS** model 1051)



### hard hat drying

Place head under the dryer for a minute or more. Remove one roller as a test. (Suggest **HOT TOOLS** models 1060, 1061)

# Prepare for Molecular® curling

## A. Hair type & steaming time

Find your hair type on the chart below and use the recommended steaming time as a guide.

This is the amount of time the roller remains on the steamer not the amount of time it remains in the hair.

HAIR TYPE / THICKNESS			
Roller on Steamer	Fine / Thin	Medium / Wavy	Coarse / Thick
Time in seconds	3-5	4-6	5-7
Time in seconds	4-6	5-7	6-8
Time in seconds	5-7	6-8	7-9

These are starting points. You'll need to experiment to find your ideal level. The chart above is for Medium

Length hair. Adjust times up or down to account for shorter or longer styles.

## B. Roller selection

### Roller sizes

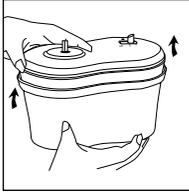
Body and wave increase with larger roller sizes

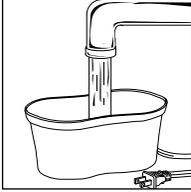


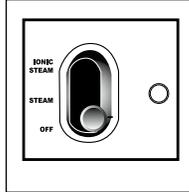
Curl increases as rollers get smaller

# Prepare to steam

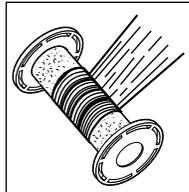
**\*NOTICE:** When the Ionic / Steam feature is activated, the unit will make a fast, repetitive clicking sound as it generates ions. This is normal and indicates the unit is functioning properly.

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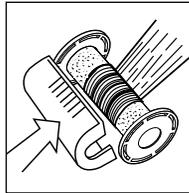
Always unplug unit when filling. Lift off steamer top from reservoir to fill.
- 

Fill to line marked "water level" inside reservoir. Do not overfill. Rejoin steamer top to filled reservoir. Plug into an electrical outlet.
- 

This unit has an ionic on/off feature, choose the setting according to your hair type/texture. **IONS ON** - Can be used for any hair type/texture but works well on thick, coarse, wavy hair. **IONS OFF** - Adds volume to thin/baby-fine hair and ideal for use in arid environments.
- 

Unit will begin to steam within approximately one minute. After sectioning hair for first roller, place roller onto roller post. Follow steaming time guidelines on page 8.
- 

Roll steam-infused roller into the sectioned hair. See pages 10 & 11 for specific rolling techniques.
- 

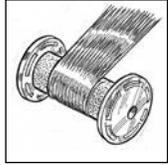
You may steam the shield for 1 to 5 seconds prior to placing over roller. You may find that you prefer an unsteamed shield.
- 

Apply clip to roller at scalp. After last roller is applied, wait 10-15 minutes for curls to set. See page 7 for Shortcut Setting Technique. Release shield clips one at a time.

See page 12 for details and finishing tips.

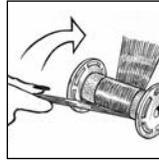
# The fun part of Caruso® professional...creating!

*Rolling techniques made easy*



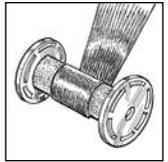
## rolling

Start from the end of a section of hair. Place the tips of the hair onto the roller evenly, then rotate in an upward motion toward the scalp. Apply roller shield until it snaps into place.



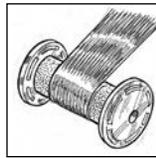
## wrapping

Start by placing the roller in the center of the sectioned hair, between the ends and scalp. Wrap hair either under or over the roller until you reach the ends. Finish by rolling to the scalp. Apply roller shield.



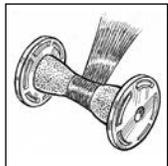
## under

Winding hair under the roller creates a curl or "flip" that faces out, away from the head.



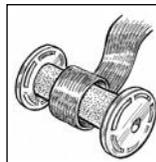
## over

Winding hair over the roller creates a curl that turns under. This effect will add lift and volume or can be used to frame the face.



## tight

This creates a tighter, more springy curl. Use either the rolling or wrapping methods, but apply more pressure as you wind the hair.

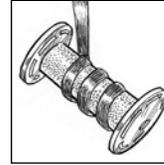


## loose

Wrapping or rolling hair more loosely around the foam roller will create a softer, wavier curl.

# More fun...creating!

*Rolling techniques made easy*



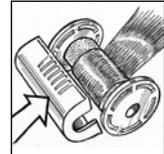
## spirals

To create spiral curls and ringlets, start with a much smaller section of hair and use the wrapping method. Begin at one end of the roller and wrap in a corkscrew fashion to the opposite end.



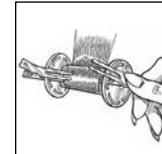
## textured

Use the same application method as spirals, but twist the hair into a "rope" before rolling.



## shield

Using the shield creates the firmest curl possible, especially if you steam the shield before application. The molecular curling action works from the inside out and from the outside in.



## clips

Use of the metal clips is twofold (if using metal clips). They can be applied in place of the shield to create a softer curl. Or they can be applied after the shield to help secure the roller close to the scalp, as in use with short hair.

# Un-rolling & finishing



## remove rollers

*Gently remove shield clips from rollers. Unroll hair from roller by rotating in a downward motion. Do not tug or pull on roller.*

## brush & arrange

*Use your fingers or a styling pik to arrange curls. To make hair look more full, toss head forward and run fingers or a pik through hair, starting at the neck line. For less curl and more wave, use a large vent styling brush. To avoid frizziness, it is best to use a brush with more widely spaced tines or bristles.*



## finishing touch

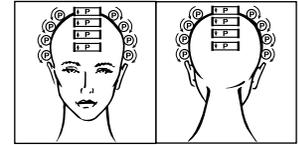
*If preferred, you may use hair spray, although it is not necessary. Spray lightly and evenly over all or part of the hair. It is best not to over-apply, since this will add weight to your curls.*

# Short length hairstyles

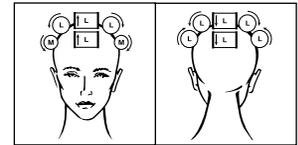
*The style guides are designed to help you achieve your best look. Because exact hair lengths and styles can vary, you may require more or less rollers than suggested or may want to alter the mix of sizes. Use the following as a guideline.*



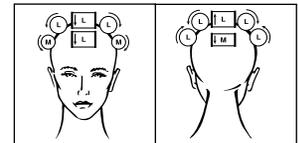
*Roll with medium to tight tension. Use comb clips if necessary. Use fingers or a styling pik for the top and back of the head, then brush the sides to create a smooth wave.*



*Roll hair with loose to medium tension. Brush lightly to create wave and volume. For a more textured look, apply styling gel to fingers and "comb" through hair to separate.*



*Wrap hair with medium to tight tension. Arrange by separating curls individually with fingers. For "chunkier" looks, use finishing spray lightly while hair is still on the roller or apply gel very lightly to each curled section when arranging.*

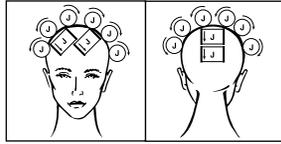


# Medium length hair

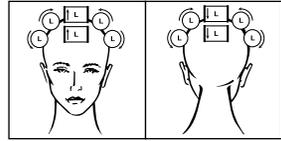
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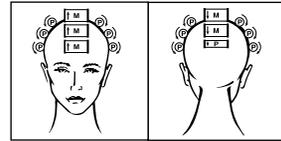
Roll or wrap hair with light to medium tension. Arrange hair using a styling brush. Toss head forward and brush from the back to create fullness. Make a part on the side or front of the head without re-brushing the back.



Roll or wrap hair with light to medium tension. Arrange hair using a styling brush. Toss head forward and brush from the back to create fullness. Create a side or middle part without re-brushing the back.



Roll or wrap hair with medium to tight tension. Arrange hair by tossing head forward and using fingers or styling pik to lightly separate curls. You may want to use a brush to soften the crown and bangs.

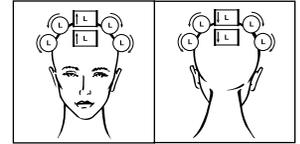


# More medium length hairstyles

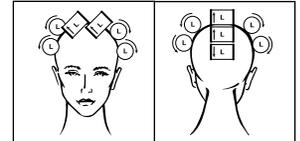
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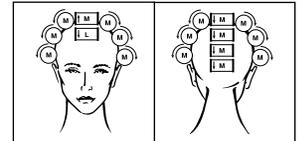
Roll or wrap hair with medium tension. To arrange the style, first toss head forward and brush hair from the neck through the crown to create fullness. Style as you normally would without over-brushing.



Wrap or roll hair, alternating between tight to medium and loose tension. This will help create the more tousled look of the style. Arrange hair by first using fingers or a styling pik, then use a brush to smooth out alternate sections of hair. For "chunkier" looks, use fingers to apply styling gel to the roots before arranging.



Roll or wrap hair with medium tension. To arrange this full-bodied style, toss head forward and use a large brush to lightly brush out the hair. Brush from the neck to the crown, forehead to crown, and ear to crown. With head still slightly forward, apply finishing spray lightly and evenly to entire head. Sweep hair back to its natural position and make finishing touches.

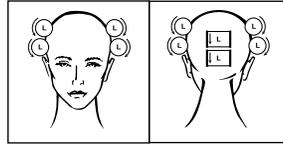


# Long length hairstyles

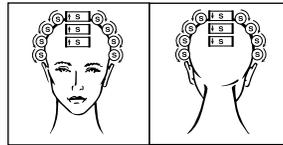
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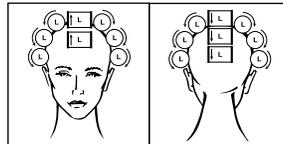
Wrap hair using tight tension from the ends to the middle of the section, then using less tension from the middle of the section to the scalp. When styling, brush only from the crown down to ear level. Allow ends to remain full-bodied by arranging only with fingers.



Roll or wrap hair with medium to tight tension. Style with fingers or styling pik. For extra volume, toss head forward and back comb. For extra curl definition, use styling lotion before rolling or spray each curl lightly with finishing spray just before removing rollers.



Roll or wrap hair using medium tension. Begin styling with a styling pik or wide brush. If more volume or a more wavy look is desired, continue styling with a more fine brush.

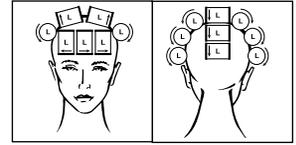


# Coarse / thick hairstyles

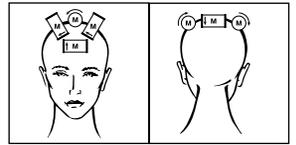
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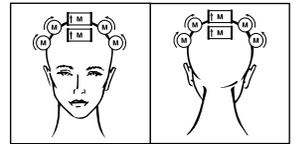
Roll or wrap with medium to tight tension. Use as many roller as possible. To arrange hair, use fingers to lightly separate and place curls. For more defined curls, use setting lotion prior to curling. Complete the style by spraying lightly with finishing spray to maintain a highly defined curl.



Roll the bangs with loose to medium tension and crown and back with tighter tension. Arrange using a brush on the bangs and a pik for the remainder of the head. You may want to spray the curlier portions to maintain definition.



Before curling, apply setting lotion and work through the whole head. Roll hair evenly and tightly. To style, use a comb to arrange bangs and crown. Finish the back with pins or a fashion clip.

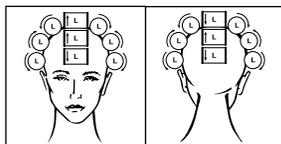


# Elegant evening hairstyles

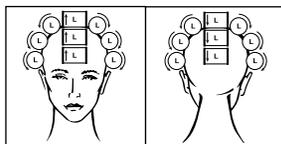
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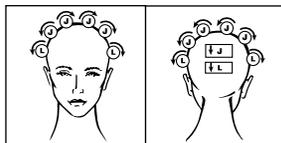
*Before curling, apply setting lotion to each section of hair. Use the wrapping method to tightly roll all hair using small amounts on each roller. Remove rollers, lightly spraying each curl with finishing spray. Gather curls at the crown using bobbie pins or a fashion clip. Take down one or more curls on one or both sides of the face.*



*Roll hair using light to medium tension placing the most amount of hair on each roller. Remove rollers then section and clip bangs temporarily. Toss head forward brushing from ear to crown on either side. Hold sectioned sides at crown while picking head up. Bobby-pin sides at the crown. Toss head forward again brush out back, gather, twist and secure at crown with pins or a fashion clip. Remove temporary pins from bangs. Bangs may require light spraying to stay in place.*



*Use larger rollers on top to create smooth volume. Wrap smaller rollers on back sections, brush crown into a side part or pull straight back. Secure with a fashion clip. On back sections, separate lightly for a curlier look or brush out for full volume.*



## One-Year Limited Warranty

Helen of Troy warrants to the original purchaser that this appliance is free from defects in workmanship for one year from the date of purchase.

This warranty does not cover damages resulting from accident, misuse, abuse, attempts at repair or the use of unauthorized attachments. If this appliance fails to operate properly under normal use within 30 days from purchase because of defect, simply return it to the place of purchase with proof of purchase for a no-charge replacement.

If found defective after 30 days and within the warranty period, send the appliance postage paid along with proof of purchase, a note explaining reason for return, and \$5.00 US to cover handling, insurance, and return postage costs to: Helen of Troy L.P., Consumer Service Department, 1 Helen of Troy Plaza, El Paso, Texas 79912 USA. (California residents are not required to send \$5.00 US.) -Toll-free number 1-800-487-8769.

This warranty gives you specific legal rights, and you may also have other rights, which may vary depending on where you live.