

Philips
Wake-up Light

Coloured Sunrise Simulation

5 Natural Sounds
FM radio & Reading lamp
Tap Snooze



HF3520/60

Wake up naturally

with a Wake-up Light and a coloured sunrise

Inspired by nature's sunrise the Philips Wake-up Light uses a unique combination of light therapy and sound to wake you in a more natural way.The colour of the morning light changes from soft dawn reds through warm orange to bright yellow light.

Natural light wakes you gradually
- Coloured Sunrise Simulation wakes you naturally
- Dimming light and sound gently send you off to sleep
- 20 brightness settings to fit your personal preference

Natural sounds wake you gently
- Choice of 5 different natural wake up sounds
- FM radio lets you wake up with your favorite radio show

Naturally designed around you
- Display automatically dims itself when the bedroom gets dark
- Just tap the product to snooze
- 4 display brightness levels - adjust to your preference

Naturally proven to work
- The only Wake-up Light clinically proven to work
- Developed by Philips, experts in light for over 100 years.
- 92% of users agree that it is easier to get out of bed

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Highlights

Coloured Sunrise Simulation



Inspired by nature's sunrise, light gradually increases within 30 minutes from soft morning red through orange until your room is filled with bright yellow light. This process of changing an increasing light stimulates your body to wake up naturally. By the time light has filled the room your chosen natural sound completes the wake up experience, leaving you ready for the day ahead.

5 Natural Sounds



At your set wake up time natural sound will play to complete the wake up experience and ensure you are awake. The selected sound gradually increases in volume to your selected level within one and a half minute. There are five natural sounds you can choose from: Bird Song, Birds in the forest, Zen Garden, Gentle piano and Seaside Sounds.

FM Radio



Listen to your favorite radio show while you are waking up.

Intuitive Dimming Display



The brightness of the display adjusts itself. If the bedroom is filled with light, the brightness increases to keep the display readable. When the bedroom is dark the brightness dims so it doesn't light up your bedroom when you are trying to sleep

Tap Snooze



A slight tap anywhere on the Wake-up light, sets the snooze mode. After 9 minutes the sound will gently start playing again.

Proven by scientists



At this moment in time the Philips wake-up light is the only one scientifically proven to work. In order to make the Wake-up Light the best possible product it can be in genuinely waking you up naturally and energized we have done a lot of clinical research. This reseach was conducted by independent science facilities to study and prove the effects of the wake-up light on the overall wake up experience. This way we have proven, among other things, that the Philips Wake-up Light not only wakes you more naturally, but also more energized and that it improves your mood in the morning.



Philips Green Logo

Philips Green Products can reduce costs, energy consumption and CO2 emissions. How? They offer a significant environmental improvement in one or more of the Philips Green Focal Areas – Energy efficiency, Packaging, Hazardous substances, Weight, Recycling and disposal and Lifetime reliability.

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Specifications

Easy to use
- Anti-slip rubber feet
- Snooze type: Smart snooze
- Display brightness control: Self adjusting
- Instore demo fuction
- Number of alarm times: 2
- Tap snooze for sound: 9 minutes
- Charges iPhone/ iPod Touch: No
- Controlled by iPhone/ iPod App: No

Safety
- UV-free: UV-free

Sound
- FM radio
- Number of Wake-up Sounds: 5
- Music from smartphone / iPod: No

Well-being by light
- Increase alertness
- Drift to sleep naturally
- Wake up naturally
- Wake-up gradually

Natural light
- Brightness settings: 20
- Colored sunrise simulation: Yes. Red, to orange to yellow
- Light intensity: 300 Lux
- Sunrise simulating process: adjustable 20-40 minutes
- Sunset simulation

Technical specifications
- Cord length: 150 cm
- Frequency: 50/60 Hz
- Insulation: Class III
- Insulation Powerplug: Class II (double isolation)
- Power: 16.5 W
- Power Output Adapter: 12W
- Type of lamps: Lumiled Luxeon Rebel
- Voltage: 100/240 V

Weight and dimensions
- Country of origin: China
- Power Plug weigth: 99 gram
- Product dimensions: 19.2 (height) x 19.9 (diameter) x14.6 (depth) cm
- Product weight: 1.113 kg

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