



Twist™

Universal Direct-Pump
Breastmilk Collection and Storage System

INSTRUCTIONS

⚠ WARNING: NEVER leave child unattended while feeding. ALWAYS use with adult supervision. Do not microwave, steam, or boil the Twist Pouches™.

Boil all nipples for five minutes before first use. After each use, wash nipples in hot, soapy water for about one minute and rinse thoroughly. Nipple and nipple case are also top rack dishwasher-safe.

CAUTION: To prevent a possible choking hazard, test strength of nipple regularly by pulling hard on nipple. Inspect regularly, especially when baby is teething. If nipple becomes cracked, torn, or otherwise damaged, **discontinue use immediately**. Do not attempt to enlarge nipple hole, as this will cause tearing.

CLEANING AND CARE INSTRUCTIONS (Nipples, adapters, nipple cases, bottles, and brushes): Wash thoroughly before initial use and after each use. Wash each piece separately. Top rack dishwasher-safe or hand wash in warm, soapy water. Clean insides of nipples with Kiinde nipple brushes.

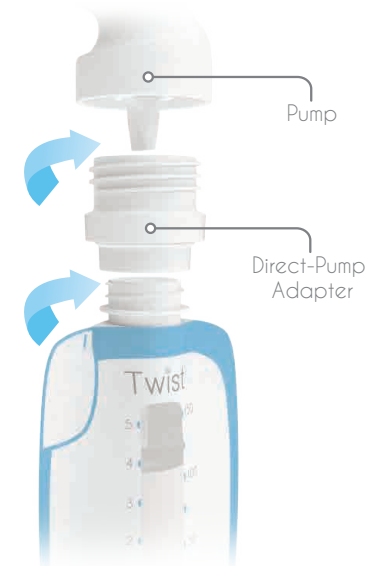
CAUTION: Pushing the nipple brush too firmly against the inside of the nipple can cause tearing of the nipple opening. Inspect the nipple opening regularly.

Pouches are pre-sterilized and do not need to be washed before use. Pouches are intended for single use only. Discard or recycle after use.

1 Pump

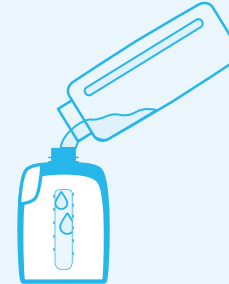
Recommended

- Thread adapter(s) onto your pump outlet(s).
- Thread Twist Pouch(es)™ into bottoms of the adapter(s).
- Pump!



Conventional

- Pump into bottles and store with Twist Pouches™.



- If you are not using a hands-free pump, you may use the Kiinde Squeeze™ natural feeding bottle to hold the pouch during pumping. See Step 4 for instructions.

2 Cap + Label + Store

- Screw down cap firmly.
- Leave a small amount of air in the pouch.

- Label using a marker.
- Label the cap for easy viewing!
- **IMPORTANT:** The volume markings on the pouch are most accurate when the pouch bottom is expanded. Pull the sides apart near the bottom to expand.



- Store and freeze flat.
- For convenient, easily accessible storage, try the Kiinde Keeper™ breastmilk storage bag organizer.

3 Thaw + Warm

Recommended

- For safest, easiest and fastest results, thaw and warm using the Kiinde Kozii™ breastmilk warmer and bottle warmer.



Do not microwave Twist Pouches™.
Do not steam or boil Twist Pouches™.



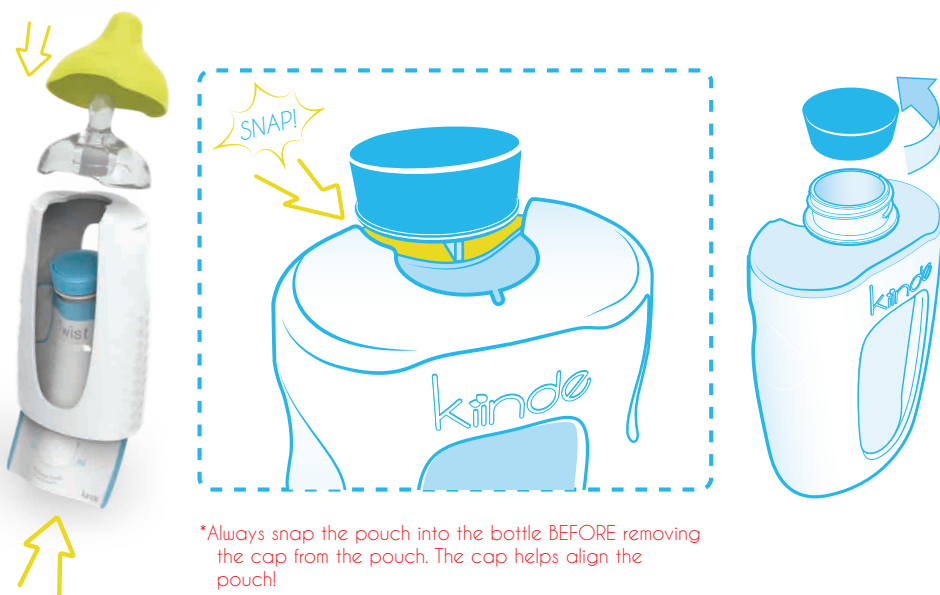
Conventional

- Warm running water is the next best option.



4a Feed

- Snap Twist Pouch™ into Kiinde Squeeze™ natural feeding bottle.



4b Feed

- Squeeze most of the air out of the pouch before installing the nipple.
- Place bottle on a sturdy flat surface and push the Active Latch™ nipple very firmly straight into the pouch until it POPs into place.



4c Feed

- Remove the nipple case. Hold the bottle upright and squeeze any remaining air out of the pouch.
- If the nipple case is difficult to pull off, twist it very slightly to break the airtight seal between the case and nipple.

HINT: To save time, make sure you squeeze the air out of the pouch BEFORE installing the nipple. Once the nipple is installed, pinching the nipple tip will allow air to escape more quickly.



- Feed! Turn the bottle upside down to prevent air from entering the pouch. Active Latch™ nipples are designed to encourage natural breastfeeding behavior (suction AND massaging), and as such they may not flow freely until your baby begins feeding.
- You may squeeze the pouch gently during feeding to increase the flow rate, or to simulate natural let down response. Suction and massaging will increase nipple flow.



5 Good to Know

- If you prefer to try feeding with a nipple from a different brand, you can do so using the Twist™ direct-pump adapters.



- When finished feeding, remove the nipple by pulling upward firmly on the tip or body of the nipple. Pry slowly from the base of the nipple, "peeling" the nipple off, to prevent spilling.
- Be sure to use Kiinde™ nipple brushes to clean the insides of nipples. Kiinde™ nipple brushes will work on most nipple brands.
CAUTION: Pushing the brush too firmly against the inside of the nipple can cause tearing of the nipple!



- WHEN FINISHED - Recycle the cap (#2) and the pouch (#7). Consult your local recycling guidelines regarding recycling of #7 or mixed plastics.

*Pouches are for single use only. Please discard (recycle) the pouch and cap after use.

*KEEP CAP OUT OF REACH OF CHILDREN

Email us at support@kiinde.com with questions or comments. We'd love to hear from you!
www.kiinde.com
Kiinde LLC PO box 8804, Warwick RI 02888





Breastmilk, food, and bottle warmer with auto shutoff timer

Instruction Manual



Questions or comments? We would love to hear from you!
Please email us at feedback@kiinde.com.

www.kiinde.com

IMPORTANT SAFEGUARDS

Please read and retain this manual its entirety for future reference. When using electrical appliances, basic safety precautions should always be followed, including but not limited to the following:

- Read all instructions carefully before using your bottle warmer.
- Ensure the contents are at a safe temperature before feeding.
- To protect against electric shock, do not immerse the appliance, cord, or plug in water or any liquid. Clean unit with a damp cloth only, except where the cleaning instructions call for a mild soap solution.
- Close supervision is necessary when any appliance is used near children.
- This product does not require preheating.
- For use by adults for intended purpose only. Any other use is inappropriate and dangerous. Keep out of reach of small children.
- If there is any visible damage to the appliance, disconnect immediately and do not use. The appliance does not contain any user serviceable parts – repair should be done by qualified personnel. Do not dismantle.
- For household use only. Do not use outdoors.
- Appliance should be placed on a flat and stable area away from hot surfaces and out of reach of children. Do not let cord hang over edge of table or counter, or touch a hot surface.
- Do not move appliance when in use or if it contains hot water.
- Inside of warming chamber may become hot. Do not touch hot surfaces.
- Unplug the warmer and allow it to cool when not in use and before cleaning.
- Pour out excess water and unplug appliance before cleaning or storing.
- Do not operate any appliance with a damaged cord or plug, after the appliance malfunctions or has been damaged in any manner. Return the appliance to the nearest authorized service facility for examination, repair or adjustment.
- The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Always make sure the unit is “off” (timer at “0”) before removing plug from wall outlet.
- Do not use appliance for other than intended use.
- Do not leave cord within child’s reach.
- Do not operate the warmer without water in it. The water level must be at the level of the word “EMPTY”, or higher, before the unit warmer can be used safely.
- The appliance has a polarized plug (one blade is wider than the other). To reduce the risk of electric shock, this plug is intended to fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to modify the plug in any way.
- This appliance must only be connected to a branch circuit rated for 20 Amps or less.
- A short power supply cord is provided to reduce the risk of becoming entangled in or tripping over a longer cord.
 - Longer detachable power-supply cords or extension cords are available and may be used if care is exercised in their use.
 - If a longer detachable power-supply cord or extension cord is used,
 - The marked electrical rating of the cord set or extension cord should be at least as great as the electrical rating of the appliance, and
 - The cord should be arranged so that it will not drape over the counter-top or tabletop where it can be pulled on by children or tripped over unintentionally.

SAVE THESE INSTRUCTIONS

TROUBLESHOOTING

If Kozii will not turn on, or if the water level does not rise when you set the timer:

- Make sure Kozii has been cleaned, de-scaled, and filled according the instructions.
- Make sure you have turned the timer past “3” to turn kozii on.
- If Kozii is still not functioning correctly, discontinue using it and contact Kiinde customer support by emailing support@kiinde.com.

If the water level does not rise all the way to the overflow drain hole:

- This is OK! Kozii will still function normally.
- For slightly faster warming, you may add a small amount of water so that the water reaches the overflow drain when kozii is on, and the bottle or bag is in place.
- The water level should NOT reach the overflow drain while kozii is off (even with a bottle in place). The water level should be at, or slightly above the word “FULL” in the bottom of the warming chamber while kozii is off and there is no bottle or bag in the warming chamber.

If water overflows out of the top of the warming chamber:

- Too much water has been added. Please fill according to the filling instructions.

If warming is taking longer than expected:

- Make sure Kozii has been cleaned, de-scaled, and filled according the instructions.

If the timer continues to tick after kozii has shut off:

- This is normal. The timer will tick for up to 30 seconds after shutoff.

LIMITED PRODUCT WARRANTY

This warmer includes a one-year limited warranty against defects from the date of purchase. In the event of a malfunction or defect during the in-warranty period, Kiinde LLC, at its option, will replace or repair the product under warranty. Upon receipt of the product and the proof of purchase with a valid date of purchase, the defective part will be immediately repaired or replaced and returned to you free of charge (USA only). Before you return the unit you must request an RMA number by emailing support@kiinde.com. Please note, if return instructions are not followed (including first emailing support@kiinde.com), your return may not be processed, warranty may be void, and additional charges (including shipping charges) may apply.



INSTRUCTIONS FOR USE

FOR YOUR SAFETY, KOZII WILL SHUT OFF PERMANENTLY IF TOO LITTLE WATER IS USED, OR IF KOZII IS RUN DRY. FOLLOW FILLING INSTRUCTIONS CAREFULLY, AND CHECK WATER LEVEL BEFORE EACH USE.

1. Place Kozii on a flat, level surface and plug it in. Make sure it is out of reach of children.
2. Add water. About 2 cups (16 fl oz/470ml) of water are needed.
 - As you add water, allow about 5 seconds for the water to drain down into the reservoir.
 - Do not overfill! Kozii is full when the word “FULL” is covered with water. You may add slightly more water if you are warming narrow bottles or bags.
 - You do not need to add water with each use. Just check the water level before each use, and always make sure the water level is higher than the word “EMPTY” in the bottom of Kozii.
 - Do not start the warmer without the bottle, bag, or jar in place. Never insert a bottle, bag or jar while Kozii is running.
3. Kozii is ready to use! Insert bottle, bag, or food jar and set the timer. Use the included chart (in the Simple Start Guide) as a guide for estimating warming time.

IMPORTANT: If Kozii feels warm around the base (from recent use), decrease warming time by 30 seconds.

 - Water level will rise during warming. Do not move Kozii during warming.
 - Always turn the timer past “3”. If you wish to set the timer for less than 2 minutes, turn it past “3” (to turn kozii on), then back to the desired time.
 - If the water level does not rise all the way to the overflow drain during warming, you may add slightly more water.
 - Always open seal and squeeze air out of breastmilk bags before freezing or thawing.
 - Do not overfill breastmilk storage bags. Frozen bags that are overfilled may affect warming consistency and uniformity, and may break during freezing or thawing.
 - If a frozen breastmilk bag will not fit, try rotating it. Kozii’s warming chamber is oval.
 - Do not put food, formula, milk or any meal directly in the warming chamber. Kozii is designed only to warm meals that are in containers.
 - If warming a meal in a very short container (such as glass food jars), the water level may rise above the top of the container. Always put lids on short containers to prevent water from entering the container.
 - Some bottles may float during warming, as the water level rises. This is OK!
 - Do not place hands in or around the warming chamber during warming.
4. When the time is up, and the water level drops back down, the meal is ready!
 - To stop warming before time is up, turn the timer (counter clockwise) down to “0”, and wait for the water level to drop.
 - Before removing the bag or bottle (for checking temperature), turn the timer to “0” and wait for the water level to drop.
5. After removing the meal from Kozii, gently swirl it around for 30 seconds before offering it to your child. This is especially important for meals that were frozen before warming.
 - Always test the meal temperature yourself before offering it to your child.
 - If you spill milk, formula or food into the warming chamber, rinse and clean it immediately according to the cleaning instructions.

FILLING INSTRUCTIONS

Water must be added periodically to keep Kozii’s reservoir full. Depending on several factors, you will need to add water every 5-10 uses, or every 1-2 days.

- For best results, always add water as needed to keep the water level just above the word “FULL”, in the bottom of the warming chamber.
- Water MUST be added when the water level (while Kozii is not warming) drops below the word “EMPTY”.
- If the water level does not rise to the overflow drain during warming, that is OK! Kozii is still functioning normally. If you wish (for slightly faster warming), you may add slightly more water. Filling above the word “FULL”, however, will mean your baby’s meal may continue to warm slightly after Kozii shuts off (due to the warm water remaining in contact with the bottom of the bottle or bag).
- The warming chamber does not need to be full of water. The internal convection pump will raise the water level during warming, and it will automatically drop again when Kozii shuts off, to minimize residual heating after the time is up.

CLEANING INSTRUCTIONS

Always turn timer to “0” and unplug Kozii before cleaning. Do not immerse in water. Do not use scouring pads, solvents or abrasive cleaners, as these could damage kozii.

Every 2-3 days (CLEANING):

- Dump any remaining water out of Kozii using the overflow drain hole at the top and back of the warming chamber.
- Pour about 1 cup of a very mild soap and water solution into the warmer, and wait for it to drain down into the reservoir. Swirl the unit around (do not turn it upside down), and pour the water out of the overflow drain hole at the top and back of the warming chamber. Rinse with fresh water until the water comes out without soap suds. When rinsing, make sure to allow water to drain down into the reservoir each time fresh water is added.
- Wipe outer surface of Kozii, as well as inside of warming chamber with a damp cloth or sponge using a very mild solution of liquid soap. Wipe with fresh water. Air dry.
- Refill according to the filling instructions.
- Every couple of weeks, perform the above cleaning procedure using a mild (1:50) bleach solution instead of soap. Fill Kozii COMPLETELY (right up to the top of the warming chamber, including the overflow drain) with the bleach solution, and let it sit for 10 minutes. Rinse 3 times, and run kozii with 2 cups of fresh water (without a bottle) for 3 minutes during the final rinse.

Every 2 months (DE-SCALING):

- It is very important to de-scale Kozii every 2 months to ensure it continues to work properly. To de-scale, mix ½ cup (4 fl oz/120ml) of white vinegar with 1 cup (8 fl oz/240ml) of cold water and pour the mixture into the warming chamber. Allow liquid to stand in the unit for 10-20 minutes. DO NOT TURN KOZII ON, OR PLUG KOZII IN DURING DE-SCALING.
- Pour the mixture out of the overflow drain hole at the top and back of Kozii.
- Rinse with fresh water 3 times. When rinsing with fresh water, be sure to wait for the water to drain down into the reservoir each time, and swirl it around gently before pouring it out.

