ASSEMBLING YOUR SOCK SLIDER™ SYSTEM BASE AND CRADLE:

Align the sock cradle with the notch in the Sock Slider™ System’s base and gently push down until the sock cradle is in position.

ASSEMBLING YOUR SOCK SLIDER™ SYSTEM HANDLE:

Firmly push together the two pieces of the handle until it is secure.

Note: Once the handle is assembled together it should not be disassembled.

For tips and tricks, visit: www.SockSliderTips.com
USING YOUR SOCK SLIDER™ SYSTEM:

USING THE SOCK SLIDER™ SYSTEM HANDLE WITH TUBE OR COMPRESSION SOCKS:

STEP 1: Place your sock heel-side down in the Sock Slider™ System.

STEP 2: Roll the cuff down the sides of the cradle until the toe is at the top.

STEP 3: Use the handle to gently lower the Sock Slider™ System to the floor.

STEP 4: Slowly ease your foot into the sock opening, sliding your heel to the bottom of the sock cradle, until the sock is fully on your foot.

STEP 5: If needed, use the handle to hold the Sock Slider™ System's cradle in place, as shown.

USING THE SOCK SLIDER™ SYSTEM HANDLE AS A SHOE HORN:

STEP 1: Place your shoe on the floor in front of your foot.

NOTE: Untie any laces or unstrap any buckles before preparing to use the Sock Slider™ System.

STEP 2: Stabilize your shoe with the handle and slowly insert your foot until it is fully inside your shoe. Tie laces or secure buckles before getting up.

DISASSEMBLING THE SOCK SLIDER™ SYSTEM CRADLE:

The system can be taken apart for easy travel and storage. To disassemble the sock cradle, firmly grasp the Sock Slider™ System base while pulling up on the sock cradle so the cradle detaches from the base.

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