Congratulations on receiving your **NuFACE Trinity Facial Toning Device**. We look forward to serving your entire skin health needs.

To assure your immediate success, and prior to using your NuFACE Trinity Device, please read this entire user manual and view the online instructional video at [www.myNuFACE.com](http://www.myNuFACE.com).

Your NuFACE Trinity Device is identified by a unique serial number located under the Trinity Facial Trainer Attachment (Trinity Facial Trainer). Please record your serial number and register your device online at [www.myNuFACE.com](http://www.myNuFACE.com).

Please visit our website at [www.myNuFACE.com](http://www.myNuFACE.com) to see the full assortment of complementary products and accessories available for your NuFACE Trinity Device.

Thank you,

![Signature]

Carol Cole  
Founder and Creator of NuFACE

NuFACE® is a registered trademark of the Carol Cole Company.
OVERVIEW

The NuFACE Trinity Device is a non-invasive at-home facial toning device intended for cosmetic use. Within a few minutes of use, this device is capable of providing complete facial stimulation. The device works by delivering low-level electrical microcurrent impulses to strategic locations on the face.

The dual spheres of the NuFACE Trinity Device are designed for optimal contact with faces of all shapes and sizes. The device is extremely responsive as it delivers the soft wave microcurrent treatment and allows users to adjust the output level for personalized comfort.

CONTENTS

The NuFACE Trinity System includes the following:
• NuFACE Trinity Device
• Trinity Facial Trainer Attachment
• NuFACE Primer
• Charging Cradle
• External Power Adaptor
• User Manual and Quick Start Guide

The NuFACE Device has a one (1) year warranty from the date of purchase. Please retain your receipt to document the purchase date.

INTERNATIONAL USE

The NuFACE Trinity power supply accommodates 100-240vac, 50/60Hz which is compatible with virtually all countries. The device comes with a standard non-polarized two-prong plug; a plug adapter may be required for certain countries.
NuFACE TRINITY SYSTEM

NuFACE Trinity Device

A. Power ON/OFF Button
B. Power down
C. Power up
D. Output Level Indicator
E. Trinity Facial Trainer Attachment
F. Release Button for changing attachments
G. Soft Touch Grip
H. Charging Cradle
I. Charging Connector (NOT SHOWN)
J. Speaker (NOT SHOWN):
   1. Ascending beep = device is turning on
   2. Descending beep = device is turning off
   3. A single beep = move to a new location on skin
K. External Power Adaptor (NOT SHOWN)

NuFACE Trinity Device
General Specifications:

Device measurements:
5 ¼” L x 3” W x 1” D
Charging base measurements:
4” L x 3 ¼” W x 3 ¼” D
Device net weight:
6.4 oz.
System Kit gross weight:
2.8 lbs.

Assembled by Carol Cole
Company in the USA
A. NuFACE Primers
NuFACE Primers ensure conductivity for optimum results and are available in either gel or creme.

B. Product Description
Use a NuFACE Primer when using the NuFACE Trinity Device. Reactivate the NuFACE Primer with the NuFACE Optimizing Mist (not included) or by applying more primer if the primer begins to dry during your NuFACE Trinity treatment.

C. Gel Primer Ingredients
Water, 1, 2-Propanediol, Acrylic Acid Polymer, Caprylyl Glycol, Methylisothiazolinone, Cellulose Polymer

D. Creme Primer Ingredients (not included)
Water, Cetyl alcohol, Glyceryl Stearate, PEG 100 Stearate, Potassium chloride, Hydroxyethylcellulose, Methylparaben, Propylparaben.
FIRST USE AND PREPARATION

• Remove your NuFACE Trinity Device, Charging Cradle and External Power Adaptor from the box.
• Connect the External Power Adaptor to the Charging Cradle and plug Adaptor into the wall outlet.
• Place your NuFACE Trinity Device on the Charging Cradle.
• You will hear an ascending beep and the blue lights will increasingly illuminate. This indicates that your device is charging.
• Charge your NuFACE Trinity Device for 12 hours before the first use. The blue lights will stay illuminated when device is charged.
• The NuFACE Trinity Device is meant to live on the charging cradle when not in use. We recommend a full charge cycle of 12 hours if the battery power is drained completely. A fully charged Trinity should last for approximately two weeks of use based on a daily 20-minute treatment time.
• To release the attachment, hold down the release button to remove and to re-attach.

NOTE: Before using the NuFACE Trinity, test your skin to make sure you are not sensitive to the NuFACE Primer. To do so, rub a dime size amount of the NuFACE Primer on your forearm, leave for 15-30 minutes and then check the area. If an allergic reaction develops within 24 hours, discontinue use of the NuFACE Primer and consult the Carol Cole Company for an alternate conductive medium.

Please watch the online instructional video at www.myNuFACE.com.

• Begin your first treatment as described in this user manual.
• On clean, dry skin apply the NuFACE Primer to your designated skin area being treated. Ensure that the NuFACE Primer is covering the skin area to be treated.
• Turn unit ON by pressing the ON/OFF button on the front of your device.
• An ascending beep will indicate the unit is on.
• Adjust the intensity level to your comfort by pressing the Intensity Adjustment Button on the front of your device up (+) or down (-).
• As you increase or decrease the intensity, the number of illuminated blue lights will change. At maximum level, all five blue lights will be illuminated. At the minimum level, one blue light will be illuminated.
• The NuFACE Trinity Device will not contract the muscles and when used correctly, the current is soft, very soothing and mild.
• Always keep both spheres on your face at the same time. This device emits a beep every five (5) seconds to indicate when to move your device to the next treatment area. This beep will change to two (2) low tones when the battery is in need of recharging.
• Remember to turn off the NuFACE Trinity Device after every treatment. The NuFACE Trinity Device will emit a descending beep when device is turning off.
• The NuFACE Trinity Device will automatically turn off after approximately 20 minutes of use.

PERSONAL PREPARATION
Start by cleaning your face with an oil-free cleanser. Men should shave before treatment, as hair can interfere with the conductivity of the spheres. The facial area under a beard or mustache cannot be treated. When you use the NuFACE Trinity Device, make sure you are positioned in front of a mirror in a well-lit room.

Skin Health Tip: Exfoliate 1-2 times a week for enhanced results.
FACE
Apply the NuFACE Primer to the treatment area before using your NuFACE Trinity Device.

1. JOWL + JAW
(Depressor Anguli Oris Muscle) + (Platysma Muscle)
• Position the bottom sphere on your jawline with the top sphere slightly above (starting on your nasolabial fold).
• Slowly glide your device from the beginning of your cheekbone by your nose to your lower ear.

2. LOWER CHEEKS
(Depressor Anguli Oris Muscle)
• Position the bottom sphere under your cheekbone by your nose with the top sphere slightly above the bottom sphere (starting on your nasolabial fold).
• Slowly glide your device from the beginning of your cheekbone by your nose to your mid ear.

3. UPPER CHEEKS
• Position the bottom sphere on your cheekbone by your nose with top sphere slightly above the bottom sphere with the top sphere staying outside your orbital rim (circular eye muscle).
• Slowly glide your device from the beginning of your cheekbone by your nose to your upper ear.

REPEAT EACH STEP A TOTAL OF THREE (3) TIMES. EACH GLIDE SHOULD TAKE 5 SECONDS (1 BEEP).
FOREHEAD

(Corrugator & Orbicularis Oculi Muscles)
Apply the NuFACE Primer to the treatment area before using your NuFACE Trinity Device.

1. THICK OF BROW
   • Position the spheres horizontally with the spheres off-centered above the thick of your brow.
   • Slowly glide your device upward toward your hairline.

2. ARCH OF BROW
   • Position spheres horizontally with the spheres slightly above the arch of your brow.
   • Slowly glide your device upward toward your hairline.

3. THIN OF BROW
   • Position spheres horizontally with the spheres slightly above the thin of your brow.
   • Slowly glide your device upward toward your hairline.

REPEAT EACH STEP A TOTAL OF THREE (3) TIMES. EACH GLIDE SHOULD TAKE 5 SECONDS (1 BEEP). REPEAT STEPS ON OPPOSITE SIDE OF YOUR FACE.

WARNING:
Do Not Use the NuFACE Trinity Device on:
• Mid-line of neck (bone of neck)
• Eye area (circular muscle inside orbital rim)
CARING FOR YOUR DEVICE

CHARGING YOUR DEVICE
Place your NuFACE Trinity Device on the Charging Cradle. Ensure it is fully seated by listening for the power-up sound when it is placed correctly.

BATTERY CARE
It is recommended to store the NuFACE Trinity Device in the Charging Cradle after each use.

CLEANING
Use a damp soft, lint-free cloth and water or rubbing alcohol to clean the device and attachment. Do not immerse device or treatment attachment in water at any time.

INDICATIONS FOR USE
• Over-the-counter cosmetic use

CONTRAINDICATIONS FOR USE
NuFACE Trinity Device should not be used in the following areas:
• Breast area
• Eye area (circular muscle within the orbital rim)
• Mid-line of neck (bone of neck)
• Groin area

WARNINGS
Do not submerge the unit, Charging Cradle, or removable attachments in water or any other liquid(s). If you store your NuFACE Trinity Device and the Charging Cradle in an area such as a bathroom counter, ensure the product does not come in contact with water or other liquid(s).

The NuFACE Trinity Device should not be used by:
• Children
• Pregnant Women
• People subject to seizures
• People with cancer/tumors
• People with a cardiac pacemaker
• People with implanted defibrillators/stimulators
• People with electronic implanted devices

If you have any medical concerns, such as a severe medical illness, epilepsy or seizures, or recent facial surgery, please consult your doctor before using the NuFACE Trinity Device.

Electronic monitoring equipment (such as ECG monitors and ECG alarms) may not operate properly when the NuFACE Trinity Device is in use.

The NuFACE Trinity Device should only be used on normal, intact skin. Stimulation should not be applied over, or in proximity to cancerous lesions, or applied over swollen, infected, or inflamed areas or skin eruptions, e.g., phlebitis, thrombophlebitis, broken capillaries, varicose veins, etc. Men should shave before use as hair can interfere with the conductivity of the spheres. Facial area under a beard or mustache cannot be treated.

Potential adverse reactions may include skin irritation or redness. For adult use only. Keep out of reach of children.

Do not apply stimulation across your chest as the introduction of electrical current into the chest may cause rhythm disturbances to your heart, which could be lethal.

The long-term effects of stimulation are not known.
PRECAUTIONS
Your NuFACE Trinity Device is designed for cosmetic use only and for individuals in good health. If this is not the case for you, please consult your doctor before use.

A slight tingling sensation may occur while using the NuFACE Trinity Device. Lowering the intensity may reduce or eliminate this sensation. There also may be a perception of flashing lights during the use of your NuFACE Trinity Device, resulting from the stimulation of your optic nerve. If you notice this condition constantly and without the use of your NuFACE Trinity Device, consult your doctor.

Please review the user manual and online instructional video at www.myNuFACE.com before using your NuFACE Trinity Device. This product is designed specifically for your face.

- The safety of the NuFACE Trinity Device for use during pregnancy has not been established.
- Caution should be used for patients with suspected or diagnosed heart problems.
- Caution should be used for patients with suspected or diagnosed epilepsy.
- Caution should be used in the presence of the following:
  - When there is a tendency to hemorrhage following acute trauma or fracture; and/or
  - Over areas of the skin which lack normal sensation.
- Some patients may experience skin irritation or hypersensitivity due to the electrical stimulation or electrical conductive medium (e.g., the NuFACE Primer). The irritation can usually be reduced by using an alternate conductive medium.
- The NuFACE Trinity Device should be kept out of the reach of children.
- Do not apply stimulation to the temples.
- The NuFACE Trinity Device should not be used while driving, operating machinery, or during any activity in which involuntary muscle contractions may put the user at undue risk of injury.
- If you have suspected or diagnosed heart disease, you should follow precautions recommended by your physician.
- Consult with your physician prior to using the device after a recent surgical procedure.

ADVERSE REACTIONS
Skin irritation and burns beneath the electrodes have been reported with the use of other powered muscle stimulators. If you experience skin irritation or burning, discontinue use.

If you experience a persistent headache and/or other persistent painful sensations during or following the use of the NuFACE Trinity Device, you should stop using the device and consult with your physician.

VERY IMPORTANT
This device is intended for cosmetic use on the face. Any harmful consequence resulting from misuse, or application to other body areas, connection to improper voltage sources, dirty conductive solution or spheres, or any other improper applications is neither the responsibility of Carol Cole Company nor its affiliates.
The Carol Cole Company warrants that the NuFACE Trinity Device is free of defects in materials and workmanship for one (1) year from the date of purchase. This warranty is valid only in accordance with the conditions set forth below:

Normal wear and tear is not covered by this warranty. This one (1) year warranty applies to consumer use only and is void when the product is used in a commercial or institutional setting.

This warranty extends only to the original consumer purchaser and is not transferable. In addition, proof of purchase must be demonstrated. This warranty is void if the product has been subject to accident, misuse, abuse, improper maintenance or repair, unauthorized modification, or any other use not found in the printed instructions.

This limited warranty is the only written or expressed warranty given by the Carol Cole Company. Any implied warranties on the product (including but not limited to any implied warranties of merchantability or fitness for a particular purpose) are limited in duration to the duration of this warranty. Some states do not allow limitations on how long an implied warranty lasts, so the above limitation may not apply to you.

Repair or replacement of the product is the exclusive remedy of the consumer under this warranty. The Carol Cole Company shall not be liable for any incidental or consequential damages for breach of this warranty or any implied warranty on this product. Some states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation or exclusion may not apply to you.

Procedure for Warranty Repairs or Replacement
If warranty service is necessary, the original purchaser must contact the Carol Cole Company for warranty service instructions.

Carol Cole Company
Returns/Repairs
1325 Sycamore Avenue, Suite A
Vista, CA 92081

For your protection, it is suggested you insure the return of the device to the Carol Cole Company. Damage occurring during shipment is not covered by this warranty. Returns that are missing proper documentation and/or shipping & handling charges will not be processed.

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www.myNuFACE.com
1-888-360-9171

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