



# UpTrak Metro Sit/Stand Desk

Made in China

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## Components Included:

- |                 |                 |
|-----------------|-----------------|
| 1 Desktop Level | 2 Springs       |
| 1 Base          | 2 Pulley Wheels |
| 2 Rails         | 4 Screws        |
| 1 Rail Cap      | 2 Hooks         |
| 1 Screwdriver   |                 |

### Directions

**\*Warning:** Assemble on top of the cardboard box so screws don't scratch your existing desk\*

#### 1. Insert the Rails:

- Insert the rails, with the side with less holes pointed down (Rails are treated to make top slide easily, if rails are "oily" simply dry with paper towel)
- Holes must point out at the angle in the photo to align with desktop level
- Screw rails into the base but DO NOT fully tighten screws



#### 2. Add the Desktop Panel:

Screw any taped on hooks into the nearby holes. Place the desktop level onto Rails and fully lower.



#### 3. Align Rails:

Turn rails until holes line up with locking pins. Turn locking pin up and slide desktop level up until the pins enter the first hole.



#### 4. Add the Rail Cap:

Place Rail Cap onto rails and screw on. Then fully tighten screws on the bottom of the desk.



#### 5. Screw in Pulley Wheels:

- Remove nut from wheel
- Insert wheel into rail cap; wheels face out
- Screw nut back on



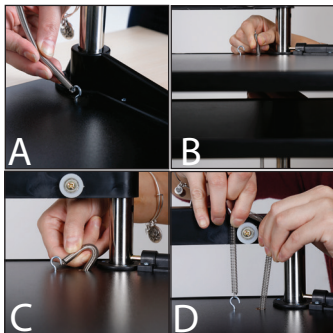
#### 6. Raise Desktop Level:

Move Desktop Level to top hole. Pull back locking pins and slide up. Release pins to slide into holes.



#### 7. Attach Spring:

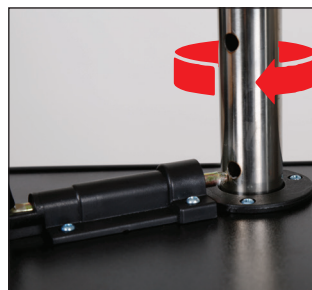
- Attach spring to hook on base level.
- Insert spring through hole in the desktop level.
- Hook spring to the desktop level.
- Pull spring over wheel.



#### Troubleshooting:

##### Pin Alignment

If pins do not align with the holes in the rail, loosen the screws on the rail cap and the bottom of the desk to rotate the rail to align with the pin.



#### Troubleshooting:

##### Desk Level Not Sliding Down

If desktop level does not easily slide down, use two finger and apply light up lifting pressure to the front edge of the desk while it is lowering.

