



Double Electric Breast Pump

INSTRUCTIONS

Item#XN-2210M2

www.bellema-usa.com

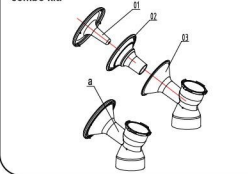
Assembling the Expression Collection Kit

Effective comes pre-assembled, however you must reassemble the device after each cleaning. All parts of the device and accessories that come in contact with the breast milk, including the bottle, breast shield, membrane, and valve, silicone cushion, should be cleaned and sterilized after each use.

Be sure to wash hands before touching the breast pump and accessories, and avoid touching the inside of containers or lids.

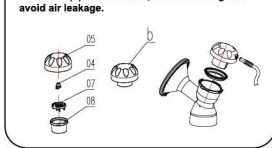
1. Assembling the Expression collection combo kit

Slot in the (02) Silicone Cushion into (03) breast shield body and then slot in the (01) Dust Cover to form the complete (A) Expression collection combo kit.



2. Assembling the Cap Combo

Make sure the Cap Plug (04) is plugged into the hole at the Cap (05) and the Cap (05) is tightened securely. Place the Damper (07) onto the Seal Ring (06) and follow by the Cap (05) onto it to form a complete (B) Cap Combo. Put the Seal Ring (06) on the head of (04), then screw the (05) as illustrated, and make it tight to avoid air leakage.



3. Assembling the Valve

Place the Membrane onto the Valve Body by pressing the Membrane into the installation holes as illustrated. Make sure the Membrane is seated flat and tight with no visible gap. Mount the Valve Body to the Breast Shield Body securely as illustrated.



4. Assembling the Bottle and Bottle Stand

Screw the bottle into the connector at the Breast Shield Body and place it on the Bottle Stand. Take down the Dust Cover when going to pump.

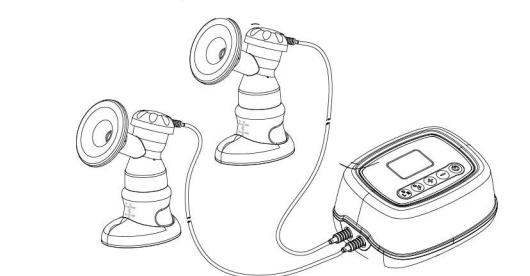


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Connecting the Expression Collection Kit and Pump Unit

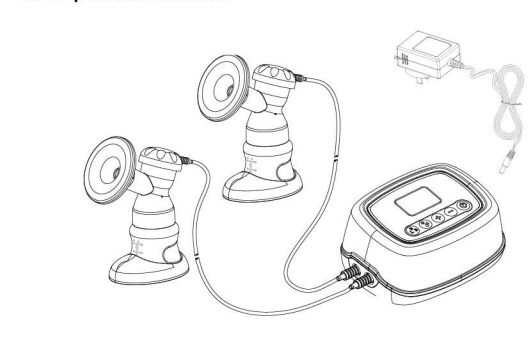
1. Connecting Tubing

Connect one end of the Tubing to Expression collection Kit and the other end to the Pump Unit as illustrated.



2. Connecting to Power Source

Plug the AC/DC Adapter into the all socket outlet. Attach the Power Cord to Pump Unit as illustrated.



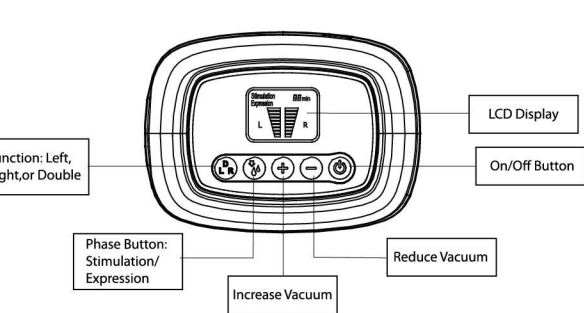
Indications for Use

The Effective Double electric breast pump is intended to express and collect milk from lactating women and maintain the ability of lactation to complement breast feeding. The device is intended for a single user only.

Descriptions

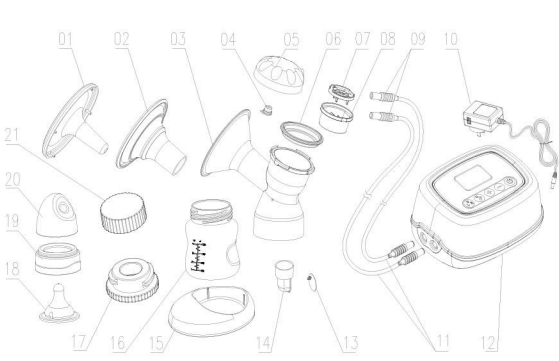
Effective is a Double electric or battery-operated breast pump that is to be used when a baby would normally be breast feeding, which is multiple times daily. The device is capable of single and double pumping, and has two pumping modes: Stimulation Mode and Expression Mode.

Control Panel Description



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Parts Guide



- | | | | |
|------------------------|-----|----------------------------|-----|
| 01. Dust Cover | (2) | 02. Silicone Cushion | (2) |
| 03. Breast Shield body | (2) | 04. Cap Plug | (2) |
| 05. Cap | (2) | 06. Seal Ring | (2) |
| 07. Damper | (2) | 08. Grid | (2) |
| 09. Tubing Connector | (4) | 10. Adapter | (1) |
| 11. Tubing | (2) | 12. Pump unit | (1) |
| 13. Membrane | (2) | 14. Valve Body | (2) |
| 15. Bottle Stand | (2) | 16. Wide Neck Bottle 120ml | (2) |
| 17. Bottle Adapter | (2) | 18. Nipple | (1) |
| 19. Disc Collar | (2) | 20. Nipple Dust cover | (2) |
| 21. Bottle Lid | (2) | | |

Additional parts: membrane 4 pcs

Symbol List

The following symbols may appear in this manual, on the device, or on the device's accessories.

DISPOSAL: Do not dispose as unsorted municipal waste. Electrical waste must be disposed of separately or recycled.

CAUTION: Refer to the Warnings and Precautions information located in the Instructions for Use Guide.

REFERENCE: Refer to the Instructions for Use Guide.

DATE OF MANUFACTURE: Information is located in the lot number.

MANUFACTURED FOR: BELLEMA CO
1142 S Diamond Bar Blvd #393, Diamond Bar, CA 91765
Website: www.bellema-usa.com

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Technical Performance & Specifications

A/C Adapter	Input100-240V~50/60Hz, Output6V~2A
Total Power	7.2W
Stimulating Velocity	100T/min
Stimulating Intensity	-0.018MPa(Max), 9 adjustable degrees
Suction Velocity	20-60T/min, 9 adjustable speeds
Suction Intensity	-0.032MPa(Max), 9 adjustable degrees
Noise	65dB(A)
Operating Conditions	5-40°C, 10-85%Rh
Storage and Shipping Conditions	-20-50°C, 10-90%Rh
Electronic Protection Equipment Type	Class II

Warnings and Precautions

Basic safety precautions should be taken when using electrical products, especially around children.

Warning: If you are a mother who is infected with Hepatitis B, Hepatitis C or Human Immunodeficiency Virus (HIV), pumping breast milk will not reduce or remove the risk of transmitting the virus to your baby through your breast milk.

WARNING:

- The power adapter is a part of the breast pump.
- Always unplug electrical device immediately after use.
- Do not use while bathing.
- Do not place or store device where it can be submerged in water.
- Do not reach for device if it has fallen in water. Immediately unplug from the electrical outlet.
- Do not leave device unattended when plugged into an electrical outlet.
- Do not position the breast pump such that it is difficult to disconnect the adapter plug from the main power supply.
- Close supervision is necessary when used near children or people with disabilities.
- Use product only for its intended use. Do not use attachments not recommended by the manufacturer.
- Keep cord away from heated surface.
- Never use while sleepy or drowsy.
- Never drop or insert objects into any opening or tubing.
- Do not use outdoors or operate where aerosol products are being used, or where oxygen is being administered.
- Always inspect power adapter and batteries prior to use for damage and exposed wires. If damage is found, immediately discontinue use of power adapter.
- Do not operate during transportation.

WARNING: To avoid health risk and reduce the risk of injury:

- This device is intended for single user only and should not be shared between users.
- Do not drive while pumping.
- Never use while pregnant, as pumping can induce labor.
- Clean and sanitize all parts that come in contact with your breast and breast milk prior to first use. Wash all parts that come in contact with your breast and breast milk after every use.
- Inspect all appropriate pump components before each use.
- Do NOT continue pumping for more than two consecutive pumping sessions if no results are achieved.
- Do not thaw frozen breast milk in a microwave or in a pan of boiling water.
- If tubing becomes moldy, discontinue use and replace tubing.
- If breast milk backup occurs, clean the tubing before your next pumping session.

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Cleaning Instructions

Basic Cleaning Method

- Rinse each piece that comes into contact with the body and or milk with cool water immediately after pumping.
- Wash each piece separately using liquid dishwashing soap and plenty of warm water.
- Rinse each piece thoroughly with hot water for 10-15 seconds.
- Place the pieces neatly on a clean paper towel or in a clean drying rack and allow them to air dry.
- Avoid using cloth towels to dry the pump parts because they can carry germs and bacteria that may contaminate the breast milk.
- Once the pump parts are dry, assemble the pump before storage or use.
- Try not to touch the inside of any parts that will come in contact with your breast milk.

Cleaning Breast Pump Parts

- All breast pump parts that come in contact with your body and milk, such as bottles, valves, membrane and breast shields, should be cleaned after each use.
- Wash the pieces thoroughly to remove germs and bacteria with liquid soap and warm water.
- It is not necessary to clean the breast pump tubing unless breast milk gets into it.
- If you must wash the tubing, ensure the tubing is hung up to air dry before attaching it to the pump.

Cleaning the Electrical Unit:

- Electrical units, which house the motor and batteries, should be wiped with a clean paper towel or soft cloth after each use.
- The electrical unit should never be put into water or other liquids for cleaning. It should also never be sterilized in a microwave sterilizer.

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8. Once you are finished pumping, switch off the breast pump, unplug the device, and disassemble the pump. Clean the device and accessories per the Cleaning Instructions. Close the bottle and store it for later use.

Guidelines for Storing and Thawing Breast Milk Operation

SHELF LIFE	Breast Milk Storage Guidelines			
	Room Temperature (19-26 °C)	Cooler with Ice Pack (15 °C)	Refrigerator (4 °C)	Freezer (-18~-20 °C)
Freshly Expressed Breast Milk	4-6 hours	16-20 hours	3-5 days	4 months
Thawed Breast Milk	4 hours	12 hours	24 hours	Do not re-freeze

Tips for Freezing/Thawing Breast Milk

- DO NOT refreeze breast milk after thawing.
- Never fill bottles more than three-quarters high to allow space for expansion.
- Label the bottle with the date you expressed the milk.
- When storing breast milk in the refrigerator or freezer compartment, make sure to store away from the door in order to avoid fluctuations in temperature.
- In order to preserve the components of the breast milk, thaw in the refrigerator overnight or by holding the bottle under running warm water (max. 98.6°F/37°C).
- Shake the bottle gently to blend any fat that has separated.
- Do not thaw frozen breast milk in a microwave oven or in a pan of boiling water (danger of burning).

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Troubleshooting

If problems arise during the use of the breast pump, please consider the following troubleshooting remedies.

Weak suction

- Check to make sure all connections are tight to ensure there are no air leaks.
- Check to ensure the tubing is not kinked.
- Check to see if dried up milk residue resides in the tubing. If there is residue present, disassemble and clean per the enclosed instructions.
- Inspect the Breast Shield, valves, tubing, and other accessories for chips, cracks, or other defects. If flawed, replace the parts immediately.

Device Will not Power On

- Check to make sure the outlet is properly functioning.
- Ensure the power supply is correctly connected to the pump unit.

Milk Backflow

- Immediately shut off the device and clean the tubing, connector, and other accessories.

Disposal

Medical equipment and devices should be disposed of in proper containers that meet Environmental Protection Agency standards. Check with local State Laws & Regulations to see what is required in your state or contact your local representatives.



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