

**IF BLEEDING IS SEVERE,
PLEASE USE TOURNIQUET IMMEDIATELY**

INSTRUCTION FOR TOURNIQUET



Notice:

1. The tourniquet is effective for controlling life-threatening extremity bleeding.
2. The recommended carrying configuration is: the band through the buckle, make a loop then folded small.
3. If you can not be sure or have no time to examine where the bleeding is coming from, the tourniquet can be effectively applied over clothing as high on the arm or leg as possible.
4. The tourniquet must NOT be applied over solid objects.
5. The injured limb should be evaluated, a second tourniquet should be applied if bleeding can not be controlled.
6. Take further treatment of the wound as soon as possible.
7. Loosen the tourniquet every 30-30 mins, and record the time. Prolonged use can be a RISK of tissue necrosis.

Warning: Please read entire instruction for use prior to using this product.

1. Insert the wounded limb through the loop of the band (Route the band around the limb, pass the band through the buckle).



Position the tourniquet 2-3" above the bleeding site.

Pull band tightly.

2. Keep band tightly and fasten it back on itself all the way around the wounded limb, but not over the rod clips.



3. Twist the rod until bleeding as stopped.



4. Place the rod inside the clip and lock. Check bleeding conditions, apply additional tightening next to the tourniquet and reassess if massive bleeding continues.



5. Adhere band over rod inside the clip around the limb. Secure rod and band with TIME strap. Record the time of application.



Prepare For Further Treatment

TOURNIQUET

No matter how rapid the arrival of professional emergency responders, bystanders will always be first on the scene. A person who is bleeding can die from blood loss within five minutes, so it's important to quickly stop the blood loss.

Remember to be aware of your surroundings and move yourself and the injured person to safety, if necessary.

Bystanders can take simple steps to keep the injured alive until appropriate medical care is available.

Here are three actions that you can take to help save a life:

1. Apply Pressure with Hands

Located where the bleeding is coming from, Apply **FIRM, STEADY PRESSURE** to the bleeding site with both hands if possible



2. Apply Dressing and Press

Located where the bleeding is coming from, Apply **FIRM, STEADY PRESSURE** to the bleeding site with bandage or clothing



3. Apply Tourniquet

if bleeding doesn't stop, place tourniquet to the injured limb. The tourniquet may be applied and secured over clothing



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